



**SSMU Daycare**

Tel: (514) 398-8590 | daycare.ssmu.ca

3600 McTavish St., Suite 1200

Montréal, QC H3A 0G3

## Outdoor Activities

### Summer

- Water play (mini pool), splash pad
- Play in the sandbox
- Story time (outdoors)
- Yoga
- Music classes (outdoors)
- Nature scavenger hunt
- Tricycles and bike riding
- Nature scavenger hunt

#### **Field trips and Outings:**

- Visit animals (Eco museum)
- Visit festivals in the city (jazz festival)
- Go to the local park and have a picnic
- Sprinklers at the park

### Winter

- Building snow structures
- Tobogganing on campus
- Make footprints in the snow
- Add food coloring to the snow
- Shovel snow and build hills/castles
- Make icicles

#### **Field trips and Outings:**

- Search for Holiday decorations locally
- Visit the Ogilvy window
- Trip to the Redpath Museum



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**Fall**

- Collect leaves and sticks for art activities
- Hunt for pine cones (to paint and decorate)
- Jump through piles of leaves
- Decorate pumpkins

**Field trips and Outings:**

- Go to Mount Royal (older children)
- Pumpkin picking (go to the farm)

**Spring**

- Gardening Project (children learn about agriculture, planting, watering, nutrition etc...)
- Treasure hunt
- Painting rocks
- Easter hunt
- Colour and trace with chalk
- Blow bubbles and chase them

**Field trips and Outings:**

Picnic in the park (prepare lunches and eat outside)